

Booth Gardner Parkinson's Care Center

Offering Comprehensive Movement Disorders Care

VISIT CHECKLIST

Use this checklist to help you with your visits. Remember... these steps take work.

However, these steps do help you gain the most you can out of your medical visits.

- Bring a notebook (3 ring binder works best) so that you can keep all information in one place.
- Take a patient questionnaire home with you after each visit. Fill out in advance of appointment. Be complete. Do not use statements like “no changes”, “same as last visit”, or “the doctor knows what I am on”. Remember this is designed to reduce errors and help your doctor or clinician help you!
- Keep your own list of medications: to include name, strength, timing, generic or trade. Also include prior medicines that were tried and not effective or caused side effects so that they are not used again.
- Keep a list of all your treating doctors to include name, address and FAX.
- Keep a list of any changes that result from calls to your doctor between appointments.
- Keep track of medication refill needs before you run out.
- Keep a list of new medical problems, medicines, or new living arrangements.
- Finally, ask your doctor what information is important for you to bring to each visit